

AI in daily life: Exploring Learning Resources

Workshop 1
February 2026



Links

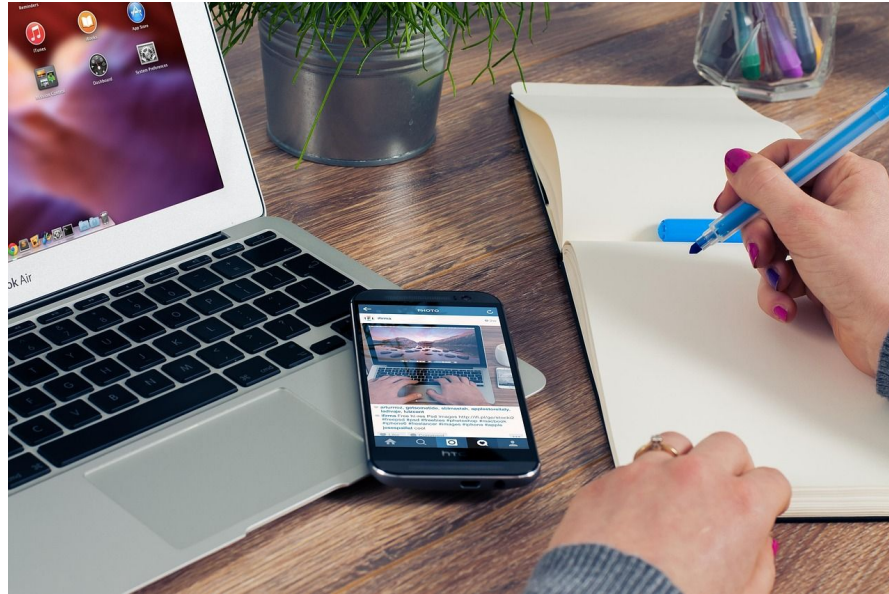


Image by [Firmbee](#) from [Pixabay](#)

AI in Daily Life Links

https://docs.google.com/document/d/1d0BkfCr2TfFWxLgHVMZIS9yjPZN9-_N0K7RzJw18bKE/edit?usp=sharing

About us



Guylaine began her career as a librarian supporting literacy practitioners in the Deaf and Francophone communities. She specializes in information and cloud content management, curating learning resources, and technology problem-solving. Her areas of interest and professional development include information literacy and artificial intelligence, online privacy and safety, as well as digital equality.



Tracey has worked in adult education at community programs, school boards, colleges, unions and networks. Her work is informed by her experience as an instructor and program worker as well as her project experience developing e-learning strategies, blended or distance curricula and models for online instructional design.

Welcome



We are so happy to have such a wonderful group gathered today.

To get us started, tell us your name and where you are.

Photo by [Denys Nevozhai](#) on [Unsplash](#)

Outline: Topics

Week 1: What is AI?

Help learners understand what AI is and how it works.

Week 2: AI and Disinformation

A look at strategies to verify information in a landscape where AI is used to create content.

Week 3: AI Ethics and Bias

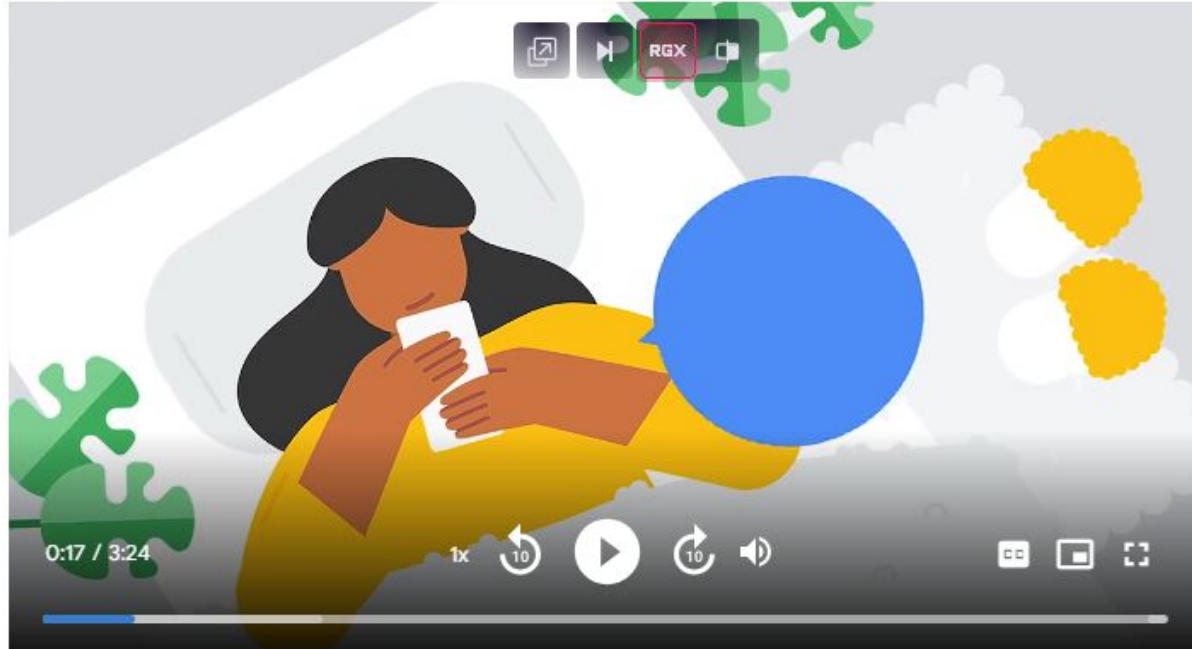
Lessons and activities to help us explore ethical questions about using AI and how AI perpetuates biases and stereotypes.

Week 4: AI in the Classroom

Lessons and activities for discussing AI guidelines and using AI to complete tasks.



AI in daily life



[Google applied digital skills: Discover AI in Daily Life - Online course](#)

Outline: Resources



[CTRL-F](#)



[Common Sense Education](#)



[MediaSmarts](#)



[News Literacy Project](#)



Today:

Understanding what is artificial intelligence



Photo by [Andreas Felske](#) from [Unsplash](#)

1. [What is generative AI?](#) from CTRL-F
2. [What is AI?](#) and [How is AI trained?](#) from Common Sense Education

CTRL-F



- CTRL-F is a digital media literacy program that equips students with skills to find and evaluate online information.
- Lessons on 3 main areas: **search skills, verification skills** and **AI literacy**.
- The CTRL-F program was developed by [CIVIX](#), a nonprofit dedicated to civic education.
- Resources are free, need to open an account *

Classroom resources

Classroom resources includes:

- Lesson plans
- Slide decks
- Videos
- Activities in different formats

[Resources](#) (login required)

Lesson AII: What is Generative AI?	
TOOLS	ACTIVITIES
Lesson Plan AII. Google Doc AII. PDF	Activity AII.1: Act Like a Chatbot AII.1 Google Doc AII.1 PDF
Slide Deck AII. Google Slides AII. PPT	Handout AII.2: AI Issues AII.2 Google Doc AII.2 PDF
Videos "Generative AI explained in 2 minutes" Watch » "CIVIX Explains AI: Hallucinations and Deepfakes" Watch » "How Chatbots and Large Language Models Work" Watch »	

CTRL-F lesson: [What is Generative AI?](#)

- Overview of what is Generative AI
 - How it works
 - Its strengths and limitations
 - Issues related to AI

[What is Generative AI? slides](#)
(connect with a CTRL-F account)

Put your learner's hat on 😊

First, let's talk about your experience with AI!

Put your learner's hat on: Activity

[Perplexity](#)

[ChatGPT](#)

Prompt:

I want to learn about how AI chatbots work.

Let's work together to create a script for a documentary about penguins.

I'll start with a word, and then you provide me with a list of words that you think are most likely to follow. Ready?

Guylaine's teacher's hat

Why not watch the full 3rd video (slide 13) and skip some of the following slides:

- The video is a bit long and gets into very technical details.
- The slides that follow explain the technical concepts. A teacher might find these too advanced for an adult literacy class.
- There is good content after slide 20 but we will look at the issues raised in coming workshops.

What did you think of this lesson and its activity?

Do you think you could use some of this with learners?

Common Sense



- Common Sense Media/Education is a nonprofit that provides guidance to help families and teachers navigate media, AI, and emerging technology safely.
- Offer a variety of free resources.
- The AI curriculum is also hosted on Khan Academy as part of an online course.

Classroom resources

Resources includes:

- Lesson plans
- Slides (Google)
- Videos
- Handouts (Google)

[Lessons on Common Sense](#) (login required - account is free)

Classroom resources

Resources on Khan Academy

(no login required)

On Khan Academy, the Common Sense lessons are part of 3 units on AI.

The first 2 are introductions for teachers:

Getting started with generative AI and

Getting ready to teach with AI.

What is AI? Lesson plan



Google Classroom



Microsoft Teams

What is artificial intelligence and what are its potential benefits and drawbacks? This lesson was created by Common Sense Education.



What is AI? Lesson plan

GRADES 6–12

15 minutes

Common Sense lessons

[What is AI?](#)

[How is AI trained?](#)

The teacher's hat

Common Sense suggests an extension activity.

Have students keep a journal of the types of data that might be generated by their actions online.

Ask them to write down the types of tasks AI could be trained to do based on this data.

What did you think of these lessons?

Was there enough to understand what is AI and how it works?

Would the resources suit adult learners?



Next

Week 2: AI and Disinformation

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Week 4: AI in the Classroom

Lessons and activities for discussing AI guidelines and using AI to complete tasks.

Thank you

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