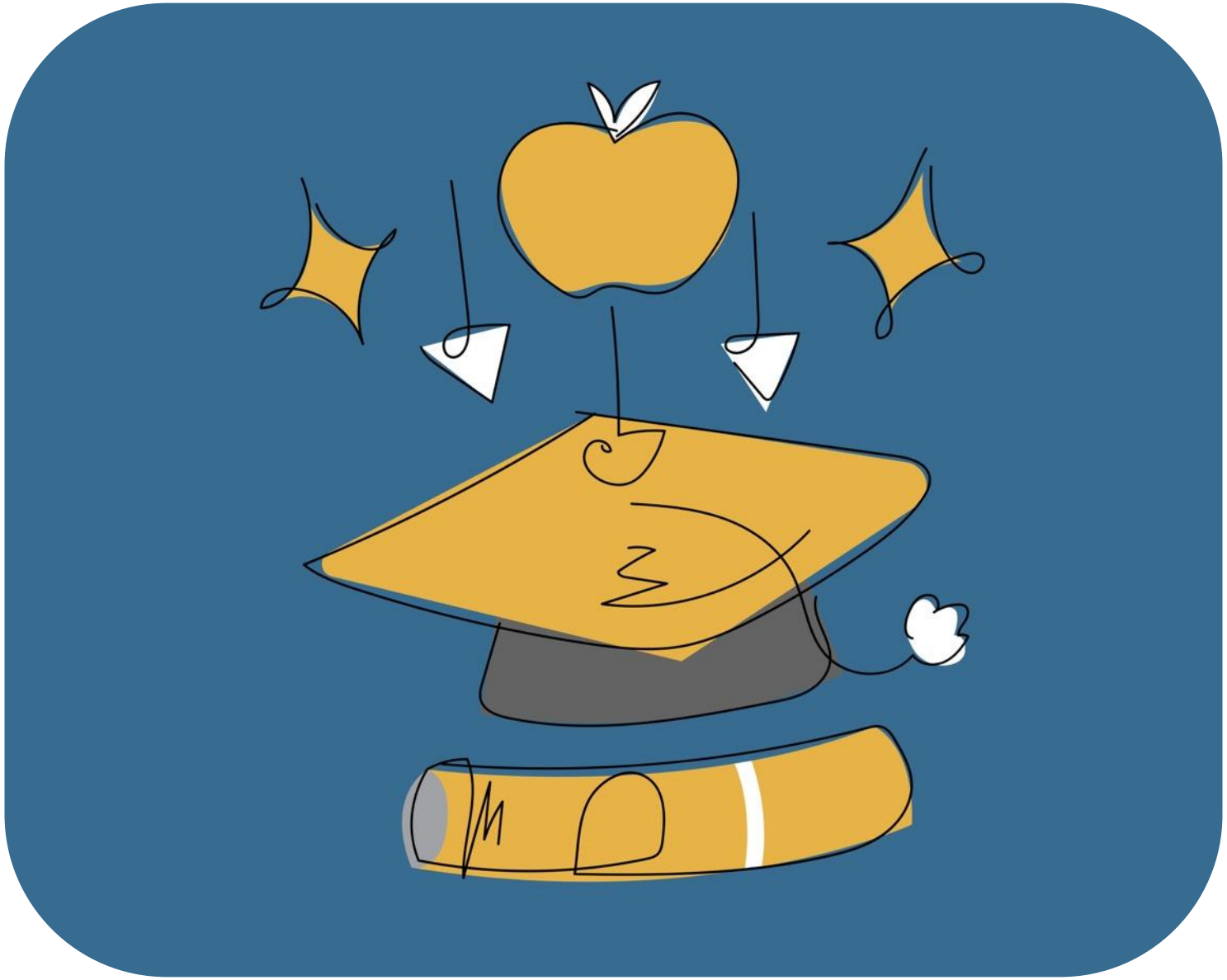
Inclusive Learning

Workshop Outline

November 2026

AlphaPlus



Workshop Elements

- A review of some “learning disabilities” and “neurodiversity” terminology.
- A brief look at some frameworks for creating inclusive learning environments.
- An ongoing discussion about what literacy literacy teachers may be observing.
- An exploration of recommended digital tools that can provide neurodiverse learners with:
    - Support for reading and writing
    - Support for managing learning and anxiety
    - Support for managing anxiety, frustration and feeling overwhelmed







Workshop 1

What is neurodiversity?

We will start by looking at some definitions and approaches to describing learning disabilities and neurodiversity.

What can teachers do?

Then we will look at some ways we can create inclusive learning environments by applying curriculum frameworks.

- Differentiated learning
- Universal Design for Learning
- Trauma-informed approaches

We will discuss what teachers observe, and we will **experience some apps for learners experiencing sensory processing challenges**.







Workshop 2

Support for reading and writing

We will explore apps and tools that can help learners experiencing persistent difficulty with:

- word recognition or decoding graphemes and syllables
- reading fluency and comprehension.
- creating syntactically correct sentences
- remembering spelling and grammatical rules
- memorizing the spelling of words
- self-correction strategies
- motor skills needed for writing and typing and cognitive overload associated with handwriting
- the formulation of ideas (looking for the right word)
- a significant difference between thought and written expression







Workshop 3

Support for managing learning

We will explore apps and tools that can help learners experiencing persistent difficulty with:

- running late and miscalculating how long something might take
- organization - losing things or losing track of activities
- breaking tasks into manageable actions

As well as tools to support learners who are feeling anxiety, frustration, confusion and overwhelmed.





